



# HANDS-ONLY CPR



heart.org/handsonlycpr

## FREE *Hands-Only* CPR TRAINING

We're pleased to support the American Heart Association and its important mission to increase survival from cardiac arrest. Please take 45 minutes of your day to learn the lifesaving skills of Hands-Only CPR.

### Please join us for Hands-Only CPR Training

Slidell Memorial Hospital  
Wellness Pavilion  
501 Robert Road, 2<sup>nd</sup> Floor  
Slidell, La 70458

### 2018 Dates

February 23, June 8, August 24, December 7

Class One: 12:00 p.m. – 12:45 p.m.

Class Two: 2:00 p.m. – 2:45 p.m.

Class Three: 3:00 p.m. – 3:45 p.m.

Class Four: 4:00 p.m. – 4:45 p.m.

It only takes 60 seconds to learn to save someone's life! Please contact **985-280-2657** to sign up for one of the classes. Limited spacing available!

